

PRESS RELEASE

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Farrell Fritz, P.C. to Again be the Title Sponsor of the Ocean To Sound 50 Mile Relay

Farrell Fritz, P.C. has signed on to be the title sponsor of the 19th Annual Ocean to Sound 50 Mile Relay which will take place on Sunday, September 26, 2004. Proceeds raised at this event will benefit Long Island chapters of two very important charities – Ronald McDonald House and the Leukemia & Lymphoma Society.

The Farrell Fritz, P.C. Ocean to Sound Relay brings the entire Long Island region together for a day of running camaraderie which raises money for two worthy charities and boasts the best post race party in the Northeast. 150 teams of eight runners each traverse a fifty-mile course, with each runner covering a leg of between five and seven miles.

The race starts at 8:00 AM at Jones Beach State Park, heading north and east through Wantagh, Seaford, Massapequa, Farmingdale and Old Bethpage. Runners then cross into Huntington, run past the Long Island Sound at Lloyd Harbor, and return to Nassau County via Cold Spring Harbor and Syosset. Teams then head north again to a dramatic finish on the grounds of Theodore Roosevelt Memorial Park in Oyster Bay. At the end of the race a post-race party will be held at Theodore Roosevelt Memorial Park.

For more information or entry forms, call the Greater Long Island Running Club office at (516) 349-7646.

About Farrell Fritz

Farrell Fritz is a full service law firm and has earned a strong reputation in the New York business community by providing expertise in numerous areas of practice. Highly respected for its experience in many areas of law, Farrell Fritz handles legal matters in the areas of corporate and banking, environmental, franchise and distribution, labor and employment, land use and municipal litigation, real estate, tax, and trusts and estates matters for a variety of corporations, institutions and individuals. The firm's managing partner is Charles M. Strain. For further information, please visit our website, www.farrellfritz.com.